

## Tahini Sauce



Makes: 1 ½ cups of sauce

### Ingredients:

- 1 cup tahini
- ¼ cup water
- ¼ cup fresh lemon juice
- 1 tsp red vinegar
- 2 clove garlic, minced
- ¼ tsp salt
- 1 tsp olive oil

### Procedure:

- Combine all the ingredients in a bowl, and mix for about 2 minutes.

**Per tbsp:**

- Calories: 66
- Protein: 2 gm
- Carbohydrates: 3 gm
- Fat: 5 gm

Use with sandwiches, falafel, or as a dip.