

## Garlic Bread



Makes: 4 servings

### Ingredients:

- 4 thick slices French or Italian bread
- Olive oil
- 2 cloves garlic, cut into halves

### Procedure:

- Grease both sides of bread generously with olive oil.
- Broil on cookie sheet 4" from heat source until browned, about 1 minute on each side.
- Rub both sides of hot toast with cut sides of garlic.

**Per serving:**

- Calories: 71
- Protein: 2 gm
- Carbohydrates: 14 gm
- Fat: 1 gm

Select a good quality French or Italian loaf for this aromatic bread, or use sourdough bread for an interesting flavor variation.