

## Chocolate Chip Cookie



Makes: 30 cookies

### Ingredients:

- ½ cup granulated sugar
- ¼ cup packed brown sugar
- ¼ cup olive oil
- 1 tsp vanilla
- 1 egg white
- 1 cup all-purpose flour
- ½ tsp baking soda
- ¼ tsp salt
- ½ cup miniature semisweet chocolate chips

### Procedure:

- Preheat oven to 190°C/ 375°F.
- Mix sugars, oil, vanilla and egg white in large bowl.
- Stir in flour, baking soda and salt.
- Stir in chocolate chips.
- Drop the dough, by rounded teaspoonfuls, about 2" apart onto an ungreased cookie sheet.
- Bake 8 – 10 minutes or until golden brown.

### Per serving:

- Calories: 75
- Protein: 1 gm
- Carbohydrates: 14 gm
- Fat: 2 gm

This cookie uses half the fat and half the chips of ordinary recipes but you won't miss them!