



www.diatrofologos.com

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Newsletter I

Welcome to www.diatrofologos.com, your path to health, happiness and success.

You will be given the skills that will encourage and motivate you to make better choices in “your” daily life, cultivate wellness and well-being and provide you with unconditional support. After all, diet, which comes from the Greek word “diaita”, means “manner of living”, thus it’s not only how we do the things we do but most importantly it’s how we think. The idea of starting a web-based nutrition site was based on the fact that even though we are all interested in our health, our busy lives do not allow us the time to visit a professional in the field of nutrition every time we have a question or need someone to motivate us. www.diatrofologos.com gives the solution, in that it’s accessible to you at the convenience of your home or office. I invite you therefore to explore my interactive, value-packed website, contact me for your personalized services and achieve your everlasting goals. Here’s to your lasting good health,

Maria Byron Panayidou

Created by www.diatrofologos.com Please forward this newsletter to anyone you feel might need the extra help!